



# HILDEGARD'S BAKERY

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## Menu - Portage Location

*Scroll down or use the buttons.*

**BREAD**

**PIZZA**

**BAGELS**

**SOUPS & SANDWICHES**

**PASTRIES**

**DRINKS**

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## Order

Call us at [204-615-0889](tel:204-615-0889)  
or see delivery & online ordering [HERE](#)

 **Bread** 

We mill our own whole-grain flour from grain sourced direct from organic farmers and then bake in a wood-fired oven. We let things ferment for a long time and sneak ancient grains in wherever we can. Ask us about the right bread for you!

**EVERY DAY  
BREADS**

**PRAIRIE SOURDOUGH**

**6<sup>95</sup>** *white / spelt / rye*

**SPELT SOURDOUGH**

**7<sup>65</sup>** *100% whole grain*

**SIMPLE SOURDOUGH**

**6<sup>85</sup>** *Organic white flour*

**FOCACCIA**

**6<sup>90</sup>** *9" x 9" - toppings vary*

**KAMUT BLEND BUNS (6)**

**7<sup>40</sup>** *30% whole grain - for burgers  
or hearty sandwiches*

TUES - SAT

**5-GRAIN PAN BREAD**

**6<sup>25</sup>** *white / spelt / rye / oats /  
flax / sunflower*

TUES - SAT

**SOURDOUGH BAGUETTE**

**3<sup>65</sup>** *long, thin, & crispy-crackly*

TUES - THUR

**ANCIENT MULTIGRAIN**

**7<sup>90</sup>** *100% wholegrain - spelt / kamut / millet /  
flax / pumpkin seeds / sunflower seeds*

TUES - THUR

**HONEY SPELT BREAD**

**7<sup>40</sup>** *for whole grain toast or sandwiches*

FRI - SAT  
(+FROZEN)

**SUNFLOWER RYE**

**8<sup>90</sup>** *whole grain rye / spelt  
- it weighs over a kilo!!!*

SAT

**PRAIRIE W/ CHEESE**

**9<sup>10</sup>** *prairie sourdough with cheese  
and whatever inspiration strikes*

TUES + THUR

**SPELT BAGEL (4)**

**6<sup>30</sup>** *plain, sesame, or hemp*

# 🌿 Wood-Fired Pizza 🌿

FRIDAY & SATURDAY - 11:30-7:30  
AT PORTAGE LOCATION ONLY

|  |                               |
|--|-------------------------------|
| <b>MENNO</b>   | <b>20<sup>50</sup></b>        |
| <i>Sour cream base, farmer sausage, roasted beet, caramelized onion, green onion, fresh dill ...or w/o sausage</i>                   | <b>...VEG 17<sup>50</sup></b> |
| <b>THE DELUXIEST*</b>  | <b>21<sup>90</sup></b>        |
| <i>Pepperoni, ham, mushrooms, olives, green pepper, red onion, Parmesan, chili oil</i>   |                               |
| <b>RED PEPPER POPEYE*</b>  | <b>17<sup>30</sup></b>        |
| <i>Chili oil base, roasted red pepper, spinach, garlic, feta, cracked pepper, Saskatoon balsamic drizzle ...or add dry-cured ham</i> |                               |
| <b>MANITOBERRANEAN*</b>  | <b>16<sup>80</sup></b>        |
| <i>Red sauce, ricotta, hot eggplant, olives, red onion, parsley, Saskatoon balsamic</i>  |                               |
| <b>PEPPERONI MUSHROOM*</b>   | <b>18<sup>90</sup></b>        |
| <i>Grass-fed beef, roasted shrooms, Parmesan</i>   |                               |
| <b>HAM + ROASTED PINEAPPLE</b>   | <b>17<sup>80</sup></b>        |
| <i>Dry-cured ham, red sauce, red onion</i>   |                               |
| <b>PINEAPPLE + BANANA PEPPER*</b>  | <b>15<sup>80</sup></b>        |
| <b>CHEESE</b>  | <b>13<sup>70</sup></b>        |
| <i>Red sauce, Bothwell mozza</i>   |                               |
| <b>CHEESY FUNGHI</b>   | <b>16<sup>30</sup></b>        |
| <i>Roasted shrooms, mozza, ricotta, Parmesan</i>   |                               |
| <b>SPANAKOPIZZA*</b>   | <b>17<sup>80</sup></b>        |
| <i>Chili oil base, caramelized onion, spinach, garlic, ricotta, feta, fresh dill, sea salt</i>                                       |                               |
| <b>SPECIALS</b> <i>Change week to week</i>   |                               |

\*CAN BE VEGAN /DAIRY-FREE W/ CASHEW CHEEZ (SUB SEITAN PEPP FOR MEAT)  
+\$3.75 TO ADD A MEAT

## Vegan Pizza

Most of the pizza combinations above are just as good without the animal products! We make our own melty, non-plasticky cashew-based mozza and a spicy gluten-based seitan pepperoni. Vegan pizza should not be worse pizza.

## **Soup and Sandwich**

**HAM & HAVARTI** *on a bun* **10<sup>45</sup>**

*Red pepper pineapple cream cheese, pickled red onion, house mustard, greens*

**BEET & HUMMUS** *on a bun (V)* **9<sup>20</sup>**

*Roasted marinated beets, greens, radish, pickled red onion, Saskatoon balsamic*

**ITALIAN DELI** *on a bun* **10<sup>45</sup>**

*Confit garlic aioli, greens, pickled red onion, roasted red pepper, hot eggplant, chili oil  
Salami & mortadella OR house seitan (V)*

### **SOUP & BREAD** *Soups change daily!*

VEGAN *Hot soup w/ sourdough\** 12OZ **7<sup>70</sup>** 16OZ **8<sup>80</sup>**

*Take home for dinner* 32OZ **12<sup>88</sup>**

OMNI. *Hot soup w/ sourdough\** 12OZ **8<sup>80</sup>** 16OZ **9<sup>90</sup>**

*Take home for dinner* 32OZ **15<sup>12</sup>**

**SOUP & SANDWICH** **SAVE 3<sup>25</sup>**

*Any soup + any sandwich (instead of bread)*

## **Pastries**

*15% discount on 6 or more of any pastry!*

Please place larger order two days ahead

**MUFFINS<sup>V</sup> OPTIONS** **3<sup>00</sup>**

**SQUARES<sup>V</sup> OPTIONS** **3<sup>65</sup>-4<sup>05</sup>**

**HEMP+QUINOA BROWNIE<sup>V+GF</sup>** **4<sup>55</sup>**

**SCONES<sup>V</sup> OPTIONS** (SWEET OR SAVOURY) **3<sup>30</sup>-3<sup>75</sup>**

**BUTTER TART** **3<sup>65</sup>**

**QUICHE TART** (HAM OR VEG) **4<sup>45</sup>**

**CINNAMON ROLL<sup>V</sup>** **3<sup>70</sup>**

**BISCOTTI** **1<sup>50</sup>**

**COOKIES<sup>V</sup> OPTIONS** **2<sup>55</sup>**

**PIES** (VARIETIES CHANGE WEEKLY, ORDER AHEAD!)

**AND MORE!**

## Hot Drinks

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**BREWED COFFEE** TO-GO 12OZ **2<sup>55</sup>** 16OZ **3<sup>10</sup>**

*From Flatland Coffee in Gimli*

INSIDE **2<sup>00</sup>**

REFILL **1<sup>25</sup>**

**TEA** (LOOSE-LEAF)

*Black, green, and rooibos choices*

*See full list at counter*

12OZ **2<sup>60</sup>**

**AMERICANO**

8OZ **3<sup>35</sup>**

**ESPRESSO**

**2<sup>95</sup>**

**CORTADO**

4OZ **3<sup>85</sup>**

**CAPPUCCINO**

8OZ **4<sup>25</sup>**

**LATTE**

12OZ **4<sup>85</sup>**

**MATCHA** OR **TEA LATTE**

12OZ **4<sup>85</sup>**

**MOCHA**

12OZ **5<sup>65</sup>**

**HOT CHOCOLATE**

12OZ **4<sup>35</sup>**

*Add espresso shot*

**2<sup>00</sup>**

*Add flavoured syrup*

**1<sup>15</sup>**

*Oat Milk is available at no extra cost*

## Cold Drinks

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**ICED ESPRESSO DRINKS**

*Same price as hot*

**KOMBUCHA**

355ML **5<sup>25</sup>**

*Local from Prism Kombucha*

**SOFT DRINKS**

*San Pellegrino cans*

355ML **2<sup>60</sup>**

*Bubly cans*

355ML **2<sup>00</sup>**

**BEER**

*Cans from local breweries*

355ML **6<sup>00</sup>**

*See selection at front counter for more options*

**ICED COFFEE** (SEASONAL)

16OZ **3<sup>75</sup>**

**ICED TEA** (SEASONAL)

16OZ **3<sup>75</sup>**