

# BAKERY

#### Menu - Portage Location

Scroll down or use the buttons.

BREAD PIZZA BAGELS

SOUPS & SANDWICHES (PASTRIES)

<u>DRINKS</u>

#### Order

Call us at 204-615-0889 or see delivery & online ordering <u>HERE</u>





We mill our own whole-grain flour from grain sourced direct from organic farmers and then bake in a wood-fired oven. We let things ferment for a long time and sneak ancient grains in wherever we can. Ask us about the right bread for you!

**EVERY DAY** BREADS

PRAIRIE SOURDOUGH 715 white/spelt/rye

SPELT SOURDOUGH

785 100% whole grain

SIMPLE SOURDOUGH

715 Organic white flour

**FOCACCIA** 

**7**10 9" x 9" - toppings vary

KAMUT BLEND BUNS (6)

740 30% whole grain - for burgers or hearty sandwiches

TUES - SAT

5-GRAIN PAN BREAD

635 white + spelt, rye, oats, flax, sunflower seeds

TUES - SAT

SOURDOUGH BAGUETTE

380 long, thin, & crispy-crackly

TUES - THUR

ANCIENT MULTIGRAIN 800 100% wholegrain - spelt / kamut / millet / flax / pumpkin seeds / sunflower seeds

HONEY SPELT BREAD

TUES - THUR

**7**60 for whole grain toast or sandwiches

THURS - SAT (+FROZEN)

SUNFLOWER RYE 910 whole grain rye / spelt

- it weighs over a kilo!!! **SPELT BAGEL (4)** 

TUES + THUR

645 plain, sesame, or hemp



# **Wood-Fired Pizza**

FRIDAY & SATURDAY - 11:30-7:30
AT PORTAGE LOCATION ONLY

24 00

4ENINO

MENNO	21 <sup>00</sup>
Sour cream base, farmer sausage, roasted beet, caramelized onion, green	veg 1800
onion, fresh dillor w/o sausage	
THE DELUXIEST*	22 <del>40</del>
Pepperoni, ham, mushrooms, olives,	Z Z <u></u>
green pepper, red onion, Parmesan,	
chili oil	
RED PEPPER POPEYE*	17 <sup>80</sup>
Chili oil base, roasted red pepper,	
spinach, garlic, feta, cracked pepper, Saskatoon balsamic drizzle	
or add dry-cured ham	
MANITOBERRANEAN*	<b>17</b> <sup>20</sup>
Red sauce, ricotta, hot eggplant, olives, red	
onion, parsley, Saskatoon balsamic	
PEPPERONI MUSHROOM*	19 <sup>40</sup>
Grass-fed beef, roasted shrooms, Parmesan	
HAM + PINEAPPLE	18 <sup>30</sup>
Dry-cured ham, red sauce, red onion	
PINEAPPLE + BANANA PEPPER	* 16 <sup>10</sup>
CHEESE	4 410
	14 <sup>10</sup>
Red sauce, Bothwell mozza	14**
Red sauce, Bothwell mozza	
	16 <sup>60</sup>
Red sauce, Bothwell mozza CHEESY FUNGHI	16 <sup>60</sup>
Red sauce, Bothwell mozza  CHEESY FUNGHI Roasted shrooms, mozza, ricotta, Parmesan  SPANAKOPIZZA*	<b>16</b> <sup>60</sup>
Red sauce, Bothwell mozza  CHESY FUNGHI  Roasted shrooms, mozza, ricotta, Parmesan	16 <sup>60</sup> 18 <sup>20</sup>
Red sauce, Bothwell mozza  CHEESY FUNGHI Roasted shrooms, mozza, ricotta, Parmesan  SPANAKOPIZZA*  Chili oil base, caramelized onion,	16 <sup>60</sup> 18 <sup>20</sup>

### Vegan Pizza

\*CAN BE VEGAN /DAIRY-FREE W/ CASHEW CHEEZ (SUB SEITAN PEPP FOR MEAT)

+\$3.75 TO ADD A MEAT

Most of the pizza combinations above are just as good without the animal products! We make our own melty, non-plasticky cashew-based mozza and a spicy gluten-based seitan pepperoni.

Vegan pizza should not be worse pizza.

#### **MAIN MENU**

Soup and Sandwich	
HAM & HAVARTI on a bun 1	.0 <u>65</u>
Red pepper pineapple cream cheese, pickled red onion, house mustard, greens	
BEET & HUMMUS on a bun (V)	9 <sup>40</sup>
Roasted marinated beets, greens, radish, pickled red onion, Saskatoon balsamic	
ITALIAN DELI on a bun 1	.0 <u>65</u>
Confit garlic aioli, greens, pickled red onion,	
roasted red pepper, hot eggplant, chili oil Mortadella OR house seitan pepperoni (V)	
Mortaaetta OK nouse settan pepperont (V)	
SOUP & BREAD Soups change daily!	
VEGAN Hot soup w/sourdough* 120Z <b>790</b> 160Z	9 <sup>00</sup>
Take home for dinner 3202 <b>1</b>	.3 <del>16</del>
OMNI. Hot soup w/sourdough* 1202 900 1602 1	.0 <u>10</u>
Take home for dinner 3202 <b>1</b>	.5 <del>40</del>
SOUP & SANDWICH SAVE	3 <sup>25</sup>
Any soup + any sandwich (instead of bread)	
ziny soup · uny sanawich (insieuu oj oreau)	
2 Pastries 2	
15% discount on 6 or more of any pastry!	,

Please place larger order two days ahead

<del>-</del>	
MUFFINS OPTIONS	3 <sup>10</sup>
SQUARES OPTIONS	3 <sup>75</sup> -4 <sup>05</sup>
$\textbf{HEMP+QUINOA BROWNIE}^{v+GF}$	<b>4</b> 75
SCONES OPTIONS (SWEET OR SAVOURY)	3 <sup>30</sup> -3 <sup>75</sup>
BUTTER TART	3 <del>70</del>
QUICHE TART (HAM OR VEG)	<b>4</b> <sup>50</sup>
CINNAMON ROLL <sup>v</sup>	3 <sup>75</sup>
BISCOTTI	<b>1</b> <sup>60</sup>
COOKIES OPTIONS	2 <sup>65</sup>
DIEC	

PIES (VARIETIES CHANGE WEEKLY, ORDER AHEAD!)

AND MORE!



## Hot Drinks &

BREWED COFFEE TO-GO 120Z From Flatland Coffee in Gimli	265 160Z 315 INSIDE 200 REFILL 125
<b>TEA</b> (LOOSE-LEAF)  Black, green, and rooibos choices  See full list at counter	120Z <b>2</b> 65
AMERICANO	80Z <b>3</b> 35
ESPRESSO	2 <u>95</u>
CORTADO	40Z <b>3</b> 95
CAPPUCCINO	80Z <b>4</b> 35
LATTE	120Z <b>4</b> 95
MATCHA OR TEA LATTE	120Z <b>4</b> 95
MOCHA	120Z <b>5</b> 80
HOT CHOCOLATE	120Z <b>4</b> 45
Add espresso shot	2 <sup>15</sup>
Add flavoured syrup	<b>1</b> <sup>25</sup>
O = 4 M:11 : = = = :1 = 1.1 = = 4	
Oat Milk is available at no extra cost	
Cold Drinks	<b>&amp;</b>
	<b>&amp;</b>
© Cold Drinks  ICED ESPRESSO DRINKS	355ML <b>5</b> 40
Cold Drinks  ICED ESPRESSO DRINKS  Same price as hot  KOMBUCHA	
Cold Drinks  ICED ESPRESSO DRINKS Same price as hot  KOMBUCHA Local from Prism Kombucha  SOFT DRINKS San Pellegrino cans	355ML <b>5</b> 40
Cold Drinks  ICED ESPRESSO DRINKS Same price as hot  KOMBUCHA Local from Prism Kombucha  SOFT DRINKS San Pellegrino cans Bubly cans	355ML <b>5</b> 40
Cold Drinks  ICED ESPRESSO DRINKS Same price as hot  KOMBUCHA Local from Prism Kombucha  SOFT DRINKS San Pellegrino cans Bubly cans BEER	355ML <b>5</b> 40 355ML <b>2</b> 70 355ML <b>2</b> 00
Cold Drinks  ICED ESPRESSO DRINKS Same price as hot  KOMBUCHA Local from Prism Kombucha  SOFT DRINKS San Pellegrino cans Bubly cans	355ML <b>5</b> <sup>40</sup> 355ML <b>2</b> <sup>70</sup> 355ML <b>2</b> <sup>00</sup>
Cold Drinks  ICED ESPRESSO DRINKS Same price as hot  KOMBUCHA Local from Prism Kombucha  SOFT DRINKS San Pellegrino cans Bubly cans BEER Cans from local breweries	355ML <b>5</b> 40 355ML <b>2</b> 70 355ML <b>2</b> 00